

PCHS October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 B Fish and chips w/ coleslaw	2
3	4 A BBQ Beef sand- wiches w/chips & apples	5 B Frito Pie	6 A Chicken Caesar salad w/ cheese bread sticks	7 No School	8 No School	9
10	11 B Chicken Enchilada w/ beans	12 A Pizza w/salad	13 B Spaghetti w/green beans and garlic bread	14 A Deli Sandwiches w/ cheddar soup	15 B Fried Chicken w/ baked beans and potato salad &roll	16
17	18 A Teriyaki chicken over rice w/steamed veg.	19 B Burgers w/chips	20 A Mashed potato bowl	21 B Soft taco w/chips	22 A Ham & Cheese tots w/green beans	23
24	25 B Chicken Alfredo w/ salad & bread sticks	26 A Nachos	27 B Beef Stroganoff w/ green beans & roll	28 A Crispy chicken sandwich w/JoJo's	29 B Chili & corn bread muffins	30
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